

from
CORK
to
FORK

**A Unique, 5 Star Culinary and Wine Journey
Through Greece and Israel**



ITINERARY

NOVEMBER 2 - 12, 2023

**ITINERARY SUBJECT TO CHANGE*

With

**Tony Aspler C.M.
Wine Writer and Author**



***Tony Aspler is an internationally known
writer, speaker, and wine expert.***

Tony was the panel chair for Canadian wines at the annual Decanter World Wine Awards for fifteen years. He is the creator of the annual Ontario Wine Awards competition, an honorary governor of Cuvée and a director of the Independent Wine & Spirit Trust.

Tony writes for a number of international wine magazines, including Wine Spectator, Decanter and Quench. He was the Canadian contributor to Jancis Robinson's Oxford Companion to Wine, Tom Stevenson's annual Wine Report and to Oz Clarke's annual Pocket Wine Guide.

Tony is a Companion Member of the Order of Canada.

HIGHLIGHTS

Indulge in renowned culinary and wine delights on this 10-night Greece and Israel culinary and wine tour with immersive adventures in Athens, Jerusalem, Tel Aviv, and the Jordan Valley.

- Wine tasting at **Domaine Costa Lazaridi**, winner of over 1000 awards, medals and commendations in international competitions.
- Dine at **Milos**, one of the best Greek restaurants in the world with traditional farm to table values and high-quality cuisine.
- Visit **Domaine du Castel** winery, Israel's flagship boutique winery that consistently receives the highest accolades from the world's top wine critics.
- Thrill your palate at **Hiba**, where Chef Yossi Shitrit elevates fine, contemporary dining to a new level.
- A destination winery, **Kitron** showcases an extraordinary vista with a lush landscapes and boasts the only gravity winery in Israel and one of the few in the world.
- Learn about the Hebrew University's vast efforts to advance sustainability through research, education, and action — within Hebrew University, throughout Israel, and worldwide.

HOTELS

Xenodocheio Milos

Stay at Xenodocheio Milos, located in Syntagma Square in the heart of the capital of Greece and opposite Old Parliament House. Milos is the very first luxurious gastronomy 5-star hotel in the heart of Athens where 'philoxenia', the sacred art of making a stranger feel like home, derives from taste, iconic simplicity and world class hospitality.

Mamilla Hotel

The 5-star Mamilla Hotel is Jerusalem; old and new, sacred and social, last millennium and next. Literally at the crossroads of the city's celebrated past and future, the designer lobby is a short stroll from the Old City walls and Jaffa Gate, as well as the capital's newest gardens, galleries and theaters. Jerusalem's legendary shopping is also close at hand, since it begins right here, at the gateway to historic Mamilla Avenue.

Mizpe Hayamim

Overlooking the magnificent Golan Heights and the Sea of Galilee, wrapped in tranquility and surrounded by forests and flowing gardens, is the Mizpe Hayamim Spa Hotel. This magnificent spa hotel sits on 37-acres of land, with beautifully appointed rooms and suites, an organic farm and dairy, orchards, herb gardens, streams, and everything else required to be in perfect harmony with nature.

Dan Hotel Tel Aviv

The Dan Tel Aviv Hotel reflects Tel Aviv's dynamic lifestyle. Considered the Tel Aviv hotel of choice, the Dan Tel Aviv is justly renowned for its prime location overlooking the Mediterranean and splendid beaches edged by the city's famous seafront promenade bustling with happy strollers. Sea-facing or city view, Dan Tel Aviv guestrooms and suites embody the highest standards of luxury and service.



DAY 1 THURSDAY, NOVEMBER 2, 2023

Program begins at 4pm at the Xenodocheio Milos Hotel

There will be optional activities/tours for those arriving early.
Activities and cost TBD.

4pm WELCOME COCKTAILS AT MILOS HOTEL

Overnight at Xenodocheio Milos



DAY 2 **FRIDAY, NOVEMBER 3, 2023**

Breakfast at hotel.

PANORAMIC ATHENS CITY TOUR

As we tour the city of Athens, we observe the striking contrasts that make Athens such a fascinating city. Ancient Athens is one of Europe's oldest cities, one with a continuous history whose beginnings can be traced some 5.000 years ago.

LUNCH & WINE TASTING AT DOMAIN COSTA LAZARIDES

Enjoy a culinary wine experience with fine wine and food pairings at Domaine Costa Lazaridis. The winery, located in the picturesque region of Drama, in northeastern Greece, is the winner of more than a 1000 awards, medals and commendations in international competitions. Known for its diverse portfolio of wines, ranging from crisp whites to robust reds, the winery promises an immersive experience in the world of Greek wine.

GUIDED ACROPOLIS TOUR

View breathtaking panoramic views of Athens and its surroundings as you tour the UNESCO World Heritage site that stands as a testament to the rich history, cultural heritage, and architectural excellence of ancient Greece.

DINNER AT MILOS RESTAURANT

Renowned for its exceptional, 5-star, Mediterranean cuisine, a dining experience at Milos Restaurant in the Milos Hotel promises an unforgettable gastronomic journey through the flavors of Greece. With its exquisite seafood, traditional dishes, and impeccable service, you'll be immersed in the richness of Greek cuisine and hospitality.

Overnight at Milos Hotel



DAY 3 SATURDAY, NOVEMBER 4, 2023



Breakfast at hotel.

ACROPOLIS MUSEUM

Guided tour of the Acropolis Museum. Cleverly perched above Athens like a luminous box, the Acropolis Museum is consistently rated as one of the best museums in the world.

BY THE GLASS: AN EXQUISITE WINE BAR IN THE CENTER OF ATHENS

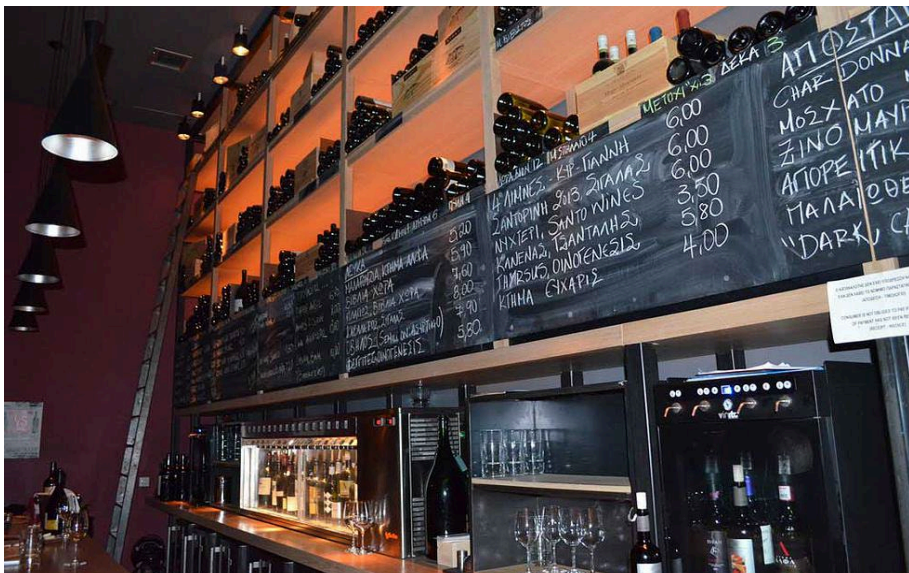
Voted Best Bar Restaurant in Athens three years running, By the Glass is a sophisticated, elegant wine bar that serves more than 200 wines by the glass—using Coravin wine preservation systems and a 36-module wine dispenser. Sample some of the finest Greek wines paired with delectable Greek style cuisine.

FREE TIME

DINNER AT TAVERNA ELIA, A TRADITIONAL GREEK TAVERN

Winner of the Lifestyles Awards Top Business of the Year, Taverna Elia is renowned for its authentic Mediterranean cuisine, traditional Greek flavors and welcoming hospitality.

Overnight at Milos Hotel



DAY 4 SUNDAY, NOVEMBER 5, 2023

Breakfast at hotel.

Group transfer to airport for flight to Israel.

FREE EVENING

(Advanced bookings for a suggested list of restaurants will be available)

Overnight at Mamilla Hotel.



DAY 5 MONDAY, NOVEMBER 6, 2023



Breakfast at hotel.

MORNING AT HEBREW UNIVERSITY'S MOUNT SCOPUS CAMPUS

We begin our journey on Mount Scopus at The Hebrew University of Jerusalem (HUJI). Walking the path of HUJI founder, Albert Einstein, we tour the historical architecture created in Jerusalem Stone and participate in a fascinating morning of learning from the best and brightest at HUJI.

LUNCH

WINE TASTING AT DOMAINE DU CASTEL WINERY

We drive through the rolling Judean Hills to reach Domaine du Castel, one of Israel's top boutique producers with wines exported to over 20 countries and attracting the attention and recognition of the world's most important wine critics. There we will tour the winery and partake in premium wine tasting.

TOUR OF EIN KEREM & DINNER AT STUDIO ARCADIA

Before dinner we tour Ein Kerem, the hidden jewel in the heart of Jerusalem. Long an artists' quarter, this picturesque hillside village is also home to the unique glass enclosed hilltop Studio Arcadia where we are joined by Arcadia's creator, the founding far of the new Israeli cuisine, Chef Ezra Kedem. Against an intimate backdrop, culinary wonders await us, in one of the county's finest restaurants.

Overnight at Mamilla hotel.



DAY 6 TUESDAY, NOVEMBER 7, 2023

Breakfast at hotel.

MORNING AT HEBREW UNIVERSITY'S SAFRA CAMPUS

Tour the beautiful Givat Ram campus, visit the Albert Einstein Archives, home to over 80,000 items that document the fascinating life and career of Albert Einstein and learn about the innovation, partnerships and research at the leading-edge Center for Sustainability.

WINE TASTING & LUNCH AT KITRON WINERY

Enjoy a VIP tasting at the family vineyards which are spread over 60 acres in the finest wine region of Israel in The Northern Golan Heights and the upper Galilee. Kitron is the only Gravity winery in Israel and one of the few in the world.

TOUR OF TZIPORI NATIONAL PARK (time permitting)

In ancient times, Tzipori was a prosperous and well-endowed city with stone-paved roadways, a sophisticated water-supply system, a marketplace, bathhouses and a 4500-seat theatre. Today, the star attraction is a mosaic portrait of a contemplative young woman nicknamed the Mona Lisa of the Galilee, discovered inside the remains of a Roman villa. The Park is a breathtaking combination of nature, history, and ancient ruins.

CHECK-IN AND DINNER AT MIZPE HAYAMIM HOTEL AND SPA

Overlooking the magnificent Golan Heights and the Sea of Galilee, wrapped in tranquility and surrounded by forests and flowing gardens, is the Mizpe Hayamim Spa Hotel. We'll enjoy a night's stay and dinner at the hotel's restaurant which serves a rich and creative menu using fresh produce collected from their organic farm.

Overnight at Mizpe Hayamim hotel.



DAY 7 WEDNESDAY, NOVEMBER 8, 2023



Breakfast at hotel.

4X4 JEEP TOUR

A fun and novel way to see and appreciate the countryside and the wilderness of the Galilee and the Golan, you'll enjoy access to pristine natural settings only accessible to off-road vehicles. Among the major highlights that we offer are: The Golan Heights, the mountainous course of the Jordan river, the Hula valley, the forests and many more. The tours are guided in fluent English explaining the history and heritage of the area.

WINE TASTING & LUNCH AT GOLAN HEIGHTS WINERY

For over thirty-seven years, the Golan Heights Winery has been the pioneering winery of Israel. They have led the way, not only in terms of quality of wines and awards won, but also in technology at the winery and research and development in the vineyards. They have the honour of being the first Israeli winery to be certified as sustainable and the first international winery to be certified by Lodi Rules.

TOUR CAESAREA

Visit Caesarea National Park and view the ancient ruins of the city constructed during the reign of Herod the Great around 10-9 BCE.s After the park we'll stroll the beautiful beaches that complement the stunning nature of the archaeological site.

FREE EVENING

Overnight at Dan Tel Aviv.



DAY 8 THURSDAY, NOVEMBER 9, 2023

Breakfast at hotel.

MORNING AT THE FACULTY OF AGRICULTURE IN REHOVOT

Enjoy an interactive morning of fascinating research and innovation to learn how Hebrew University is committed to preserving the environment for future generations, and while doing so, to continuously search for ways to increase sustainable food and water resources.

LUNCH

EXPLORING JAFFA & NEVE TZEDEK

Jaffa, also known as Yafo, is a vibrant and historically rich neighborhood located in the southern part of Tel Aviv. Jaffa's beauty lies in its historical significance, stunning seafront, bustling markets, vibrant arts scene, culinary delights, and warm hospitality. The combination of ancient charm and contemporary vibrancy makes Jaffa a truly captivating destination in Israel.

DINNER IN JAFFA

Overnight at Dan Tel Aviv.



DAY 9 FRIDAY, NOVEMBER 10, 2023



Breakfast at hotel.

WALKING TOUR OF LEVINSKY OR CARMEL MARKET

The Levinsky Market is a culinary gem that offers a sensory feast for food lovers and exploring the market is like embarking on a culinary journey through the Middle East, where you can sample different flavors and ingredients that contribute to the diverse tapestry of Israeli cuisine.

The Carmel Market, also known as Shuk HaCarmel, is bustling and vibrant and is one of the city's largest and most popular markets, attracting locals and tourists alike. Thrill your senses with an authentic and dynamic experience, allowing you to explore the local flavors and immerse yourself in the bustling atmosphere of Tel Aviv's vibrant market.

FREE LUNCH

WINE TASTING AT TZORA VINEYARDS (optional)

Located high in the Judean Hills, Tzora Vineyards is at the forefront of the burgeoning Israeli wine scene, led by passionate winemaker Eran Pick, who holds the honour of being the first ever Israeli Master Of Wine. In 2018 Tzora Vineyards was awarded the maximum four stars in Hugh Johnson's Pocket Wine Guide, a status they have maintained since then.

DINNER AT HIBA

Hiba is high cuisine at its finest. The gorgeous restaurant room, decorated by the Pitsou Kedem architects, completely isolates us from the outside and busy world of Tel-Aviv. Immersed in another space and time, Chef Yossi Shitrit continues to plunge us into an immersive culinary experience, mixing all contrasts and going above traditional rules. He sublimes Israel and Middle-Eastern culture and cuisine, making each forkful a discovery and a surprise.

Overnight at Dan Tel Aviv.

DAY 10 SATURDAY, NOVEMBER 11, 2023

Breakfast at hotel.

FREE DAY

OPTIONAL WALKING TOURS (ADDITIONAL COST):

TEL AVIV: STREET ART AND GRAFFITI TOUR

Tel Aviv street art and graffiti tell the story of the city's constantly evolving culture—this introduction to graffiti in Tel Aviv is a colorful way to see to artwork you won't find in a museum. Join a local guide for a walking tour that explores art, history, and style through street art while taking in side streets and alleys that are way off the tourist trail.

TEL AVIV: WHITE CITY BAUHAUS TOUR

This tour will take you to the White City's most prominent Bauhaus (International Style) buildings, built during the 1930's and the 1940's. Tel Aviv's UNESCO-listed Bauhaus district is a window into the unique architectural legacy that has come to define the city. The most influential design school of the 20th century celebrates its centenary year in 2019. Bauhaus, also known as International Style, is a style of design characterized by functionality and clean aesthetics.

FREE LUNCH

FAREWELL DINNER (TBA)

Overnight at Dan Tel Aviv.

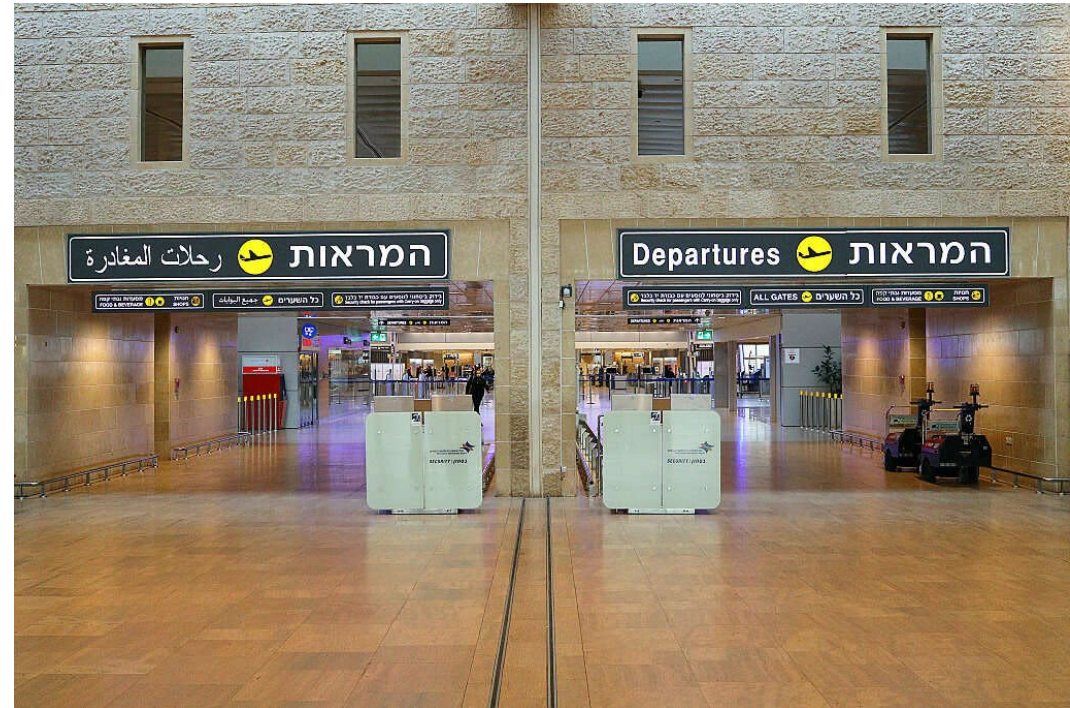


DAY 11 SUNDAY, NOVEMBER 12, 2023

DEPARTURE FROM TELAVIV

Breakfast at hotel.

Group transfer to the airport



INCLUDES

Luxury accommodations for 10 nights

Meals

- 6 group lunches
- 7 group dinners

Programming: All entrance fees and programs as per the itinerary.

Group rates are per person based on double occupancy* and we require a minimum of 20 participants for the mission to take place.

Tour prices are per person in U.S. dollars.

Included: Group airport assistance and transfers (for travel on tour dates only). All hotel accommodations, motor coach transportation, daily Israeli breakfast, specified dinners and lunches, sightseeing, admissions, portage at the hotels and airport, tips and gratuities and the services of local guides, drivers, and the tour guide/educator are included.

- Single supplement at an additional cost

Price per person at double occupancy: \$9,900 US

Additional single supplement: \$750 US

For more information, please contact

adavis@cfhu.org



CANADIAN FRIENDS OF THE
HEBREW UNIVERSITY
OF JERUSALEM

האוניברסיטה העברית בירושלים